



ACSi 
ASSOCIATION OF
CUTANEOUS SURGEONS
INDIA

presents

SERIES 2024

गुणरथकथा

Learning Curve Expedited...

17,18,19

May 2024

**Grand Hyatt
Goa**



presents

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SERIES 2024

गुणवत्कर्म

**Grand Hyatt
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Learning Curve Expedited...



Learning Curve Expedited...

Our Ethos

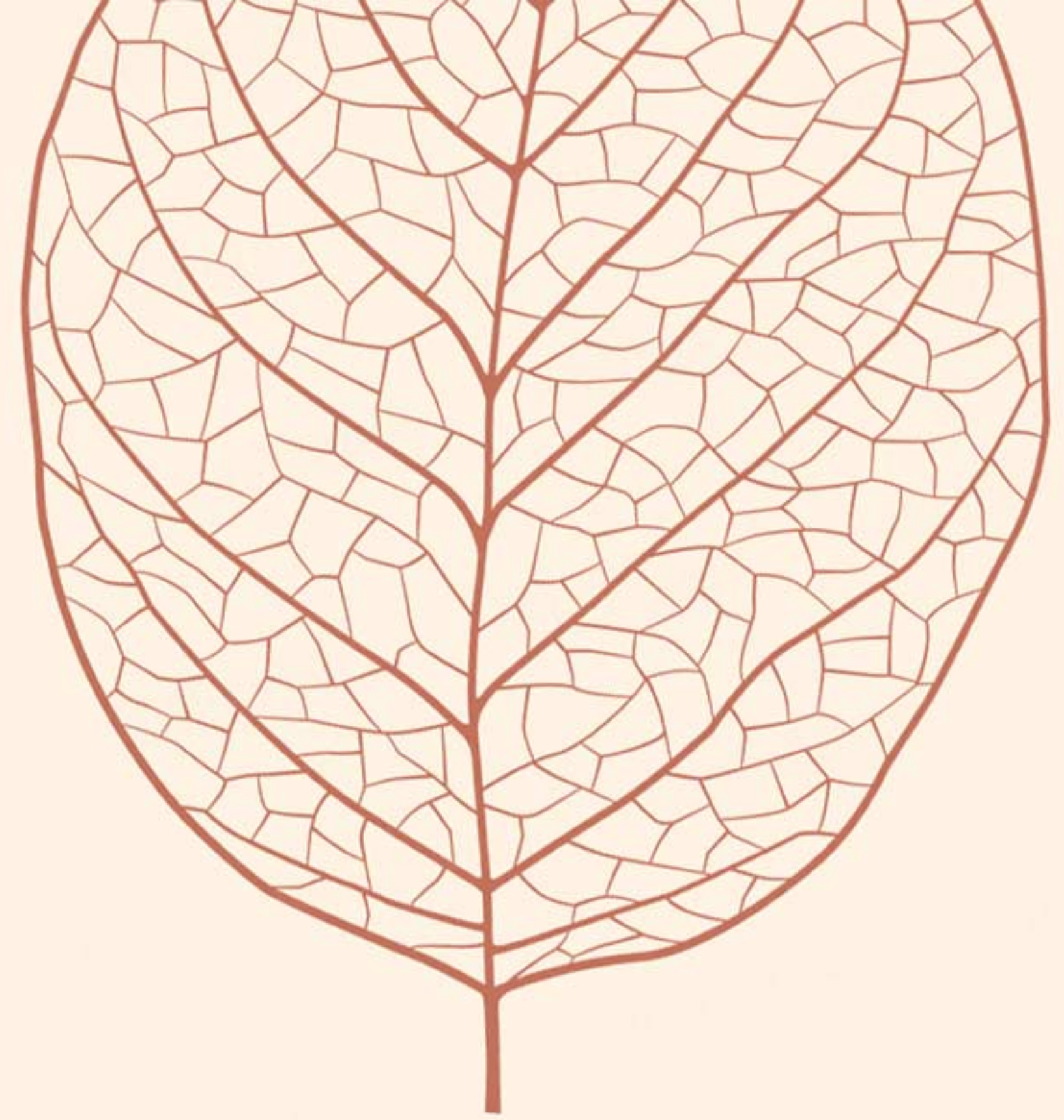
Introducing the Concept...

Gurukul educational system is a traditional schooling method in India with students living near their Gurus learning the skills to face life. ACSI Gurukul intends to provide an environment which rekindles the innate sense of inquiry present in every delegate, equipping them with the skills to enhance their practice.

Our Curriculum

Learn Beyond the Textbooks...

Well thought out topics in the three different streams of Dermatosurgery, Aesthetics and Lasers will be dealt within in a structured and unhurried manner. ACSI Gurukul will be a 'no didactic lecture' program. The sessions will be held in a single hall allowing the delegate to soak in the lessons without having to go back and forth. Unique academic sessions like 'Hot Seal, Council & Innovations' promise to make Gurukul Series an interactive session beyond par. The nuances of the various surgical & aesthetic techniques will be discussed threadbare. The first episode of ACSI Gurukul Series will focus on select indications with inputs from experts in surgical & aesthetic fronts giving a practical and 360-degree view to the delegate. The discussions will be oriented such that it can be put into practice the very next day.



Our Gurus

Shaping Minds, Inspiring Futures...

Handpicked faculty from across the country will be handling the curated curriculum. Expertise over hierarchy would be the mantra for faculty selection. The stress is on delegate learning rather than expounding facts & figures.

Our USPs

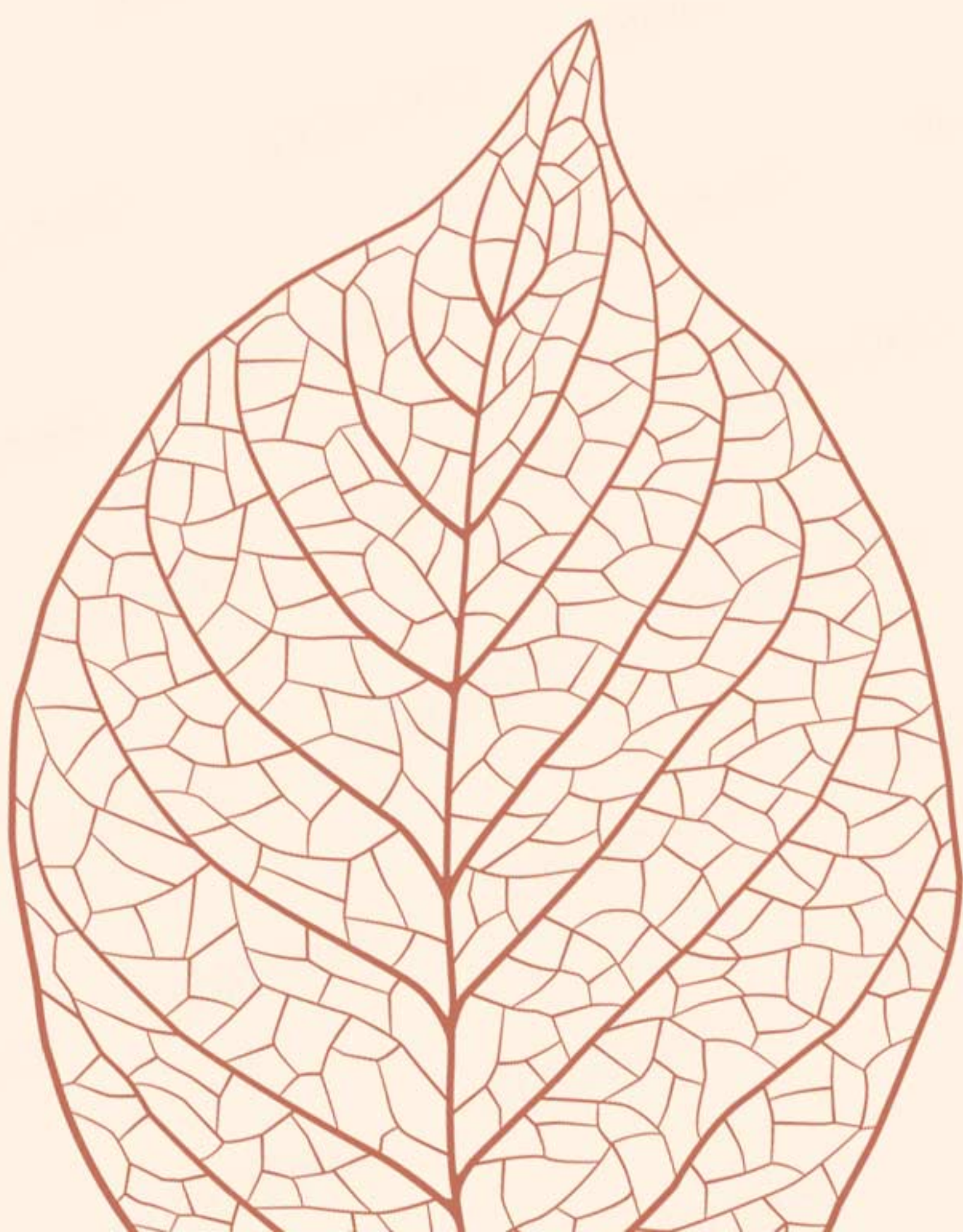
What makes us Unique...

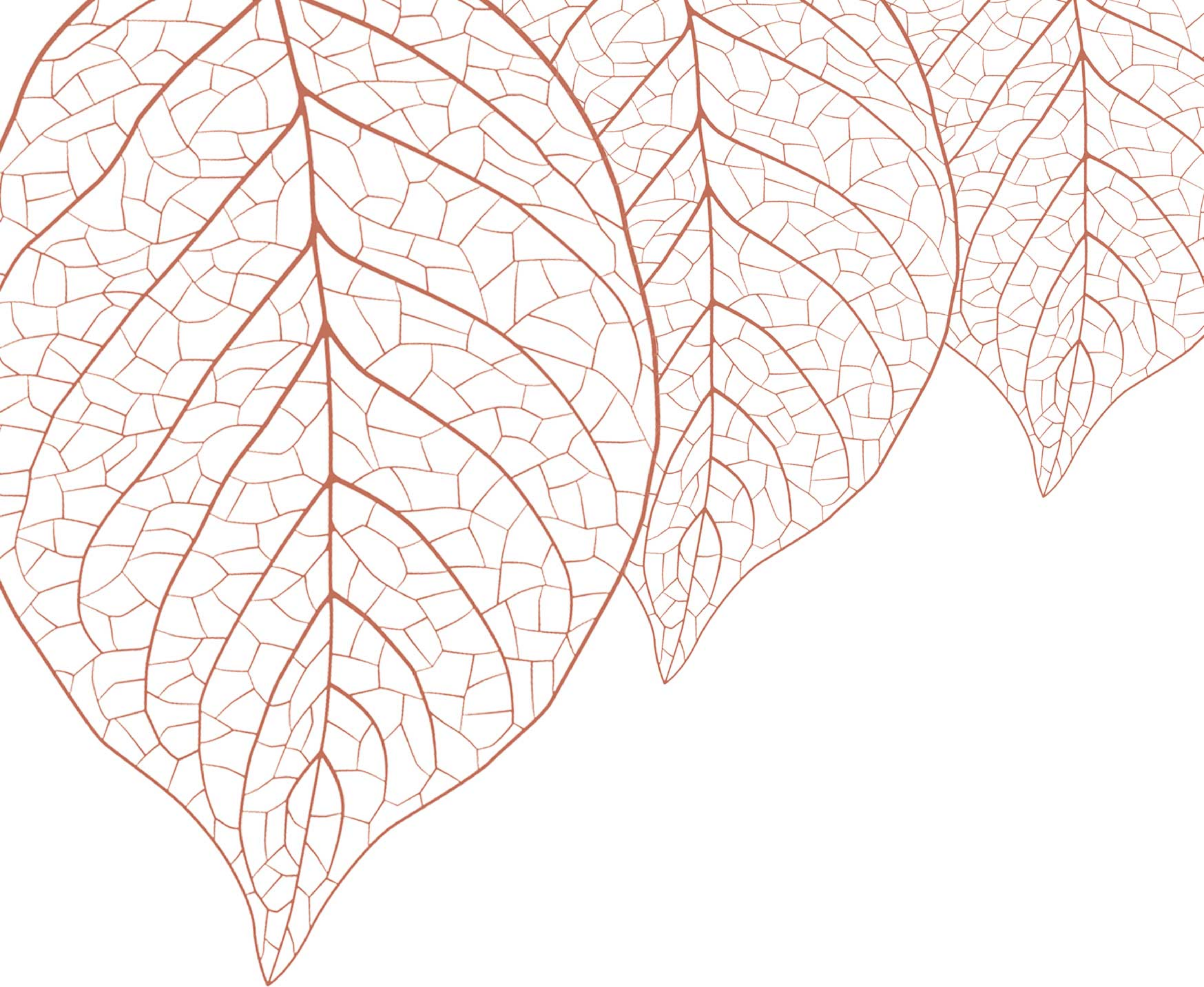
The innovative approach to learning is the trademark of ACSI Gurukul. However, the academics is not the only thing sets Gurukul apart from the run of mill conferences. After an immersive academic program, our team offers a sundowner on the warm beaches of Goa. Witnessing sunset is like witnessing magic unfold before your eyes. A carnival mood, sweetness of friendship and a delicious cuisine adds to the charm. Nourishing the mind, soul and body alike, ACS(I) Gurukul is an entire package to savour.

Our Venue

Our Apt Ambience...

Goa, India's smallest state, is renowned for its picturesque beaches, attracting globetrotters seeking sun, sand, and vibrant culture. The beaches are known for its lively atmosphere and water sports. Goa's beaches serve as a melting pot of relaxation, adventure, and a rich blend of cultural influences. Redefining luxury at the heart of Goa, Grand Hyatt Goa overlooks the visually stunning waters of the Bambolim Bay. The Grand Ballroom has an apt atmosphere to soak in the learning. Residential registration services ensure that you have the best of both worlds - deeply engaging academics as well as the magnificent surroundings.





17 May 2024

Check in & Registration (02.00 PM)

Blissful Balance (07.00 PM)

In the true spirit of Gurukul teaching, the Acharyas impart their pearls of wisdom on work, life and more...

- 100000 hours of Practice Patients and Patience: **Dr Ganesh Pai**
- Topic: Life as a Dermatologist, Wandering & Wondering, Surviving & Thriving - by being fit and friendly!
- **Dr Venkatram Mysore**
- Be a winner: **Dr Arun Inamdar**
- Apna Time Aayega: **Dr Anil Abraham**
- Dermatologists without boundaries **Dr. CR Srinivas**

Inauguration (08.30 PM)

Learning Curve Expedited...

18 May 2024

Discourse 1 (9.00 AM – 10.00 AM)
BASICS OF DERMATOSURGERY
A stitch in time saves nine..

Acharyas	Dr. Madura C
Gurus	Dr. Divya Gorur Dr. Nitin Barde Dr. Anand Mannu Dr. Yogesh Bhingradia Dr. Saurabh Singh Dr. Manas Chatterjee
Adhyayas	Simple excision scenarios <ul style="list-style-type: none">○ Mole on face○ Sebaceous cyst on trunk Local Anesthesia Suturing <ul style="list-style-type: none">○ Ideal scenario, Variations possible○ Modifications, Advanced for specialized situations○ Complications and how to handle? Suturing in complex situations Dressing of sutured wounds <ul style="list-style-type: none">○ In challenging sites○ In challenging situations Audience interaction Tips and tricks

Discourse 2 (10.00 AM – 11.00 AM)
VITILIGO SURGERY
The truth, the change and the hope..

Acharyas	Dr. Salim T
Gurus	Dr. Debdeep Mitra Dr. Munish Paul Dr. Somesh Gupta Dr. Sushil Sawant Dr. Deepti Ghia Dr. CR Srinivas Dr Koushik Lahiri Dr. Sanjeev Gupta
Adhyayas	Management of unstable vitiligo Stable small areas, Stable large areas on trunk/limbs NCES vs FCES Special sites: eyelids/lips/others (Suction blister plus ultrathin grafts) Special situations: Palms/areola/genitalia (Punch grafting) Miscellaneous techniques Jodhpur/total depigmentation/ Laser/ Camouflage/Micropigmentation/Innovations Audience interaction- Challenges in management

Discourse 3 (11.00 AM -11.45 AM)

NAIL SURGERY

Life is not perfect but your nails can be..

Acharyas	Dr. Chander Grover
Gurus	Dr. Harish Prasad Dr. Nitin Barde Dr. Manas Chatterjee Dr. Sushil Tahiliani Dr. Manas Puhan
Adhyayas	Nail biopsy indication scenarios and Nail anesthesia Nail biopsy procedures Ingrown toe nail (Basic) Ingrown toe nail (Advanced surgeries) Nail tumors Other interventions in nail (Intramatrixial injection/Lasers) Audience interaction- Challenges in management

Discourse 4 (11.45 AM – 12.15 PM)

MANAGING VASCULAR LESIONS

Heart is not the only place where bleeding needs control..

Acharyas	Dr. Niti Khunger
Gurus	Dr. Arun Inamadar Dr. Sacchidanand Dr. Avitus John Dr. Selvam Dr. Somesh Gupta Dr. Swapnil Shah
Adhyayas	Vascular tumors- Basic approach Sclerotherapy Lasers Surgical options Miscellaneous procedures Audience interaction- Challenges in management

Discourse 5 (12.15 PM -1.00 PM)

CUTANEOUS TUMOURS

Curtailing the progression..

Acharyas	Dr. Yogesh Bhingradia
Gurus	Dr. Vinay Keshavamurthy, Dr. Saurabh Singh Dr. Sushil Sawant
Adhyayas	Approach to Cutaneous tumors & Dermoscopy Topicals, Basic flaps Advanced Flaps, Modifications, RF, Cryotherapy Moh's surgery Audience interaction- Challenging cases

LUNCH (1.00 PM – 2.00 PM)

Discourse 6 (2.00 PM – 3.00 PM)

INJECTABLES

Confidence Boosters...

Acharyas	Dr. Jaishree Sharad
Gurus	Dr. Sandeep Arora, Dr. Pradeep Kumari Dr. Maya Vedamurthy Dr. Rajetha Damisetty Dr. Shehnaz Arsiwala
Adhyayas	Botulinum toxin (Basic)- forehead lines, crows' feet, bunny lines, gummy smile Botulinum toxin (Other indications) hyperhidrosis, pruritus, rosacea, post herpetic neuralgia, pruritus, Hailey Hailey disease Fillers for defects and scars- facial deformities, morphea, lipoatrophy Advanced filler indications- Lip enhancement, earlobe plumping, earring ptosis, breast and buttock enhancement Audience interaction- Challenges in management

Discourse 7 (3.00 PM -4.00 PM)

Facial rejuvenation

Turn back the clock..

Acharyas	Dr. Shehnaz Arsiwala
Gurus	Dr. Pradyumna Vaidya Dr. Pradeep Kumari Dr. Rajetha Damisetty, Dr. Gulhima Arora Dr. Maya Vedamurthy
Adhyayas	Injectables for Rejuvenation- PRP, Microbotox, Fillers, Boosters, PDRN, exosomes Devices for rejuvenation- dermaroller & dermapen, MD, lasers (fractional and nonfractional), EBDS, LED, photobiodynamic, hydrfacial Chemicals for rejuvenation Threads Combination Audience interaction- Challenges in management

COUNCIL 1 (4.00 PM – 5.15 PM)

HAIR TODAY, GONE TOMORROW

Acharyas	Dr. BS Chandrashekhar Dr. Anil Abraham, Dr. Swapnil Shah
Gurus	Dr. Venkataram Mysore Dr. Narendra Patwardhan Dr. Shehnaz Arsiwala Dr. Pradeep Kumari Dr. Pradyumna Vaidya
Adhyayas	Hair loss, AGA, FPHL, Scarring hair loss Medications, PRP, FUE, Dermaroller, Lights, Botulinum, Cosmeceuticals, Flaps

Any questions for the day from delegates will also be discussed in the Council. Email your queries in advance to the co-ordinators

Co-ordinators: **Dr Nitin Barde** **drnitinbendsure@gmail.com**

Dr Senkadhir **vendhan100@gmail.com**

FUN QUIZ (5.15 PM – 5.30 PM)

Coordinator	Dr Anand Mannu
Acharyas	Dr Rajyalaxmi Konathan Dr Debdeep M

SUNDOWNER (6.30 PM)

19 May 2024

YOGA SESSION (6.30 AM)

Discourse 8 (9.00 AM -9.45 AM)

KELOIDS AND HYPERTROPHIC SCARS

No longer markers of survival..

Acharyas	Dr. Somesh Gupta
Gurus	Dr. Kanika Sahni Dr. Swapnil Shah Dr. Divya Gorur Dr. Harish Prasad Dr. Madura C Dr Salim T
Adhyayas	Non energy-based interventions Energy based interventions Surgery for keloids/hypertrophic scars Innovations in treatment of keloids/hypertrophic scars Audience interaction- challenging cases/complications

Discourse 9 (9.45 AM – 10.30 AM)

HIDRADENITIS SUPPURATIVA

Locating the keys to the invisible epidemic..

Acharyas	Dr. Biju Vasudevan
Gurus	Dr. Anand Mannu, Dr. Somesh Gupta Dr. Sriharsha Dr. Pradyumna Vaidya Dr. Venkataram Mysore Dr. Dinesh Devaraj
Adhyayas	Medical management + Supportive Procedural interventions by Dermato surgeon RF epilation and intralesional Hyaluronidase + Triamcinolone Laser hair removal Prevention and tips and tricks Audience interaction- Challenges in management

Discourse 10 (10. 30 AM – 11.15AM)
FAT PREPARATION AND TRANSFER

A slim abdomen and a body is a beauty forever..

Acharyas	Dr. Nilesh Goyal
Gurus	Dr. Dhanraj Chavan Dr. Kanika Sahni Dr. Nitin Jain
Adhyayas	Microfat steps of preparation and injection Fat for rejuvenation- Nanofat, SVC Fat for other indications Advancements in Fat transplant Audience interaction- Challenging cases

Discourse 11 (11.15 AM – 12. 15 PM)
RECENT ADVANCES IN DERMATOSURGERY & AESTHETICS

Back to the future..

Acharyas	Dr. Nitin Jain Dr. Pradeep Kumari Dr. Neeraj Pandey
Gurus	Dr. Shuken Dashore Dr. Shehnaz Arsiwala Dr. Sandeep Arora Dr. Sanjeev Aurangabadkar Dr. Gulhima Arora Dr. Somesh Gupta
Adhyayas	Stem cells HIFU and Functional muscle stimulation Non-surgical rhinoplasty Meso – Skin and hair, Dutasteride meso Orbital rejuvenation- Blepharoplasty, non-surgical injectables, EBDS Regenerative Medicine-Micrograft Immunotransplant Photography: Simple ways and best results Audience interaction

Discourse 12 (12.15 PM- 1.15 PM)
FACIAL PIGMENTATION

Fairness is not the only gospel truth..

Acharyas	Dr. Rajetha Damisetty
Gurus	Dr. BS Chandrashekhar, Dr. Shyamanta Barua, Dr. Pradeep Kumari Dr. Sanjeev Aurangabadkar, Dr. Jagdish Sakhiya Dr. Jaishree Sharad Dr. Selvam Dr. Neeraj Pandey
Adhyayas	Aetiology and approach- LPP, Acanthosis, Melasma, Riehls, Pigmented contact dermatitis, Periocular melanosis, PIH Topical medications Chemical peels & Periorbital pigmentation Devices Audience interaction

LUNCH (1.15 PM -2.00 PM)

HOT SEAT (2.00 PM – 3.30 PM)

INNOVATIONS

An innovative mind can be a devil's workshop..

Acharyas	Dr Venkataram Mysore
Coordinators	Dr Sriharsha Dr Anand M
Gurus	Dr Jagdish Sakiya Dr Salim T Dr Dinesh D Dr Ganesh Pai Dr Jaishree Sharad Dr Somesh Gupta Dr Sanjeev Gupta

Innovative ideas presented by the delegates and discussed by the Acharyas and Gurus. Nine best ideas selected for presentation. Send your submissions to sriharsha_dermat@yahoo.co.in for selection

Guidelines for Innovation Submission

Innovations to be sent in full text and supported images and video presentation.

Text- Maximum of 600 words divided into following sections:

Background/Introduction

Innovation- to be described in detail including method, materials, results and discussion

How innovation will help practise?

How is it an improvement over existing technologies/procedures?

Cost of the product

Future prospects of the innovation

Figures- related to equipment, materials or results

Video: Video of the procedure or technology or equipment in use. Max time of video presentation: 3 min

COUNCIL 2 (3.30 PM – 4.45 PM)

SCARS ARE MEMORIES FOREVER

Acharyas	Dr. Sharad Mutalik Dr. Biju Vasudevan Dr. Salim
Gurus	Dr. Somesh Gupta Dr. Shehnaz A Dr. Ganesh Pai Dr. Madura C Dr. Niti Khunger Dr. Sanjeev Aurangabadkar
Adhyayas	Facial scars, Acne and non-acne scars- subscision- needle, blunt cannula, Taylor's, Punch floatation, Z plasty, fractional co2 laser versus Erb Yag versus, MNRF, PRP, Transepidermal deliveries, fat grafting, Botulinum toxin, Fillers

Any questions for the day from delegates will also be discussed in the Council. Email your queries in advance to the co-ordinators

Co-ordinators: **Dr Nitin Barde** drnitinbendsure@gmail.com

Dr Senkadhir vendhan100@gmail.com

FUN QUIZ (4.45 PM – 5.00 PM)

Coordinator	Dr Senkadhir Vendhan
Acharyas	Dr Rajyalaxmi Konathan Dr Debdeep M

CHECK OUT/KEY DROP (12.00 PM)

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ASSOCIATION OF CUTANEOUS SURGEONS INDIA **SERIES 2024** **May 2024**
गुरुकुल
Grand Hyatt
Goa
Learning Curve Expedited...

Dr T Salim President Dr Pradeep Kumari Secretary General
Dr Shyamanta Barua Immediate Past President Dr Jagadish Sakhiya Vice President
Dr Shehnaz Arsiwala Vice President Dr Nitin Barde Treasurer
Dr T Sriharsha Joint Secretary Dr Yogesh Bhingradia Joint Secretary
Dr BS Chandrashekhar Academy Chairperson
Dr Biju Vasudevan Academy Chairperson Dr Sandeep Arora Editor JCAS
Course Curators
Dr BS Chandrashekhar | Dr Biju Vasudevan | Dr Swapnil Shah
ACS(I) Gurukul Coordinators
Dr Feroz K | Dr Fabin Thanveer | Dr Geetha Gopalakrishnan
Dr Naguesh Kakode | Dr Ali Rishad



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17, 18, 19
May 2024

गुरुकुल

SERIES 2024

Grand Hyatt
Goa

Learning Curve Expedited...

FRI
17
May 2024

02:00 PM
Check in & Registration

07:00 PM
Blissful Balance followed by Inauguration

SAT
18
May 2024

09:00 AM - 05:30 PM

- Basics of Dermatology • Vitiligo Surgery • Nail Surgery • Managing Vascular Lesions
- Cutaneous Tumors • Injectables • Facial Rejuvenation • Hair Today, Gone Tomorrow
- Fun Quiz

06:00 PM
Sundowner

SUN
19
May 2024

06:30 AM
Yoga Session

09:00 AM - 05:00 PM

- Keloid & Hypertrophic Scars • Hidradentis Suppurativa
- Fat Preparation and Transfer • Recent Advances in Dermatotomy & Aesthetics
- Facial Pigmentation • Innovation • Scars are memories forever • Fun Quiz

12:00 PM
Checkout / Keydrop



Goa International Airport
(Dabolim Airport - GOI)



Manohar International Airport
(Goa Airport - GOX)



Madgaon Junction
Railway Station (MAO)

Log on for Registration www.acsigurukul2024.in

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